



LEMANU P. S. MAUGA
GOVERNOR

OFFICE OF THE GOVERNOR
AMERICAN SAMOA GOVERNMENT
Telephone: (684)633-4116 Fax: (684)633-2289

TALAEUGA E. V. ALE
LIEUTENANT GOVERNOR

January 14, 2021

GENERAL MEMORANDUM NO. 020 – 21

To: Secretary of Samoan Affairs, CEOs, Presidents, Executive Directors,
Directors, Agency and Office Heads

From: Governor

Subject: Wellness Hour Initiative

The onset of every new year brings hope, promise, and resolutions. Lt. Governor Talauega and I resolve to effect health initiatives that promote overall wellness in mind, body, and soul.

Aligning with this initiative, I hereby authorize all American Samoa Government employees to implement a “Wellness Hour” every Tuesday and Thursday. Cabinet members must develop an in-house schedule to avoid disruption of government services. A healthy workforce is a productive workforce.

Please contact Chief of Staff Tuimavave T. Laupola for any questions or concerns.


LEMANU P. S. MAUGA