PROCLAMATION

"DIABETES AWARENESS MONTH – NOVEMBER 2021"
"Small Steps – Big Difference"

WHEREAS, diabetes affects 34.2 million people – 10.5% of the population in the United States, and is a serious disease for which there is no known cure and which is the seventh leading cause of death by disease in the United States, and a major cause of premature death here in American Samoa; and

WHEREAS, approximately fifteen newly diagnosed diabetes cases every month in American Samoa, and majority of the adult population demonstrates at least two or more risks towards type 2 diabetes, and may experience damage to the heart, eyes, kidneys, and limbs without producing any symptoms; and

WHEREAS, many of our local community members already developed pre-diabetes, or overt diabetes and not realizing type 2 diabetes may not develop symptoms while high blood pressure, high cholesterol and high uric acids may also become elevated requiring treatment; and

WHEREAS, diabetes has many faces, affecting everyone, young and old alike – Caucasians, African American, Latinos, Native Americans, Asian Americans and Pacific Islanders, with minority populations in the United States and its Territories having an increased risk for developing the disease; and

WHEREAS, an increase in community awareness of risk factors and symptoms related to diabetes can improve the likelihood that people with diabetes will get the attention they need before suffering the devastating complications of the disease.

NOW, THEREFORE, I, LEMANU P. S. MAUGA, Governor of American Samoa, by the virtue of the authority vested in me, do hereby, proclaim the month of November as "DIABETES AWARENESS MONTH", to remind our citizens that this disease and its deadly complications, including heart and kidney disease, stroke, blindness, and amputation, by increasing awareness of the risk factors for diabetes, by making healthy lifestyle choices, and by providing support to those suffering from diabetes, and those who have the risks for diabetes are encouraged to see a healthcare provider or a diabetes educator for evaluation and care.
IN WITNESS THEREOF, I have hereunto set my signature and affix the Seal of my Office this 8th day of November, in the year of our Lord two thousand and twenty-one.

LEMANU P. S. MAUGA
Governor of American Samoa