



**OFFICE OF THE GOVERNOR  
AMERICAN SAMOA GOVERNMENT**

**PROCLAMATION**

**“NATIONAL NUTRITION MONTH  
MARCH 2024”**

**WHEREAS,** food is the substance by which life is sustained; and

**WHEREAS,** the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

**WHEREAS,** food, especially that of poor quality and low in nutrients (those high in fat, salt, and sugar) contribute to Non-Communicable diseases also known as Chronic or Lifestyle diseases; and

**WHEREAS,** the high availability of these low nutrient foods and easy accessibility by the public especially children compounded with the high influx of fast food venues into the country makes the problem hard to control; and

**WHEREAS,** American Samoa is in a health crisis for Non-communicable diseases with high prevalence of Obesity, Diabetes, and Cardiovascular Diseases which stemmed from poor diet and lack of physical activity; and

**WHEREAS,** the lack of policies and structured programs with zero pool of professionals to provide guidance and support to the population’s needs is another culprit for high incidence of NCDs; and

**WHEREAS,** there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices in American Samoa.

**NOW, THEREFORE, I, TALAUEGA E. V. ALE,** Acting Governor of the Territory of American Samoa, do hereby proclaim March 2024 as "NATIONAL NUTRITION MONTH" in the Territory of American Samoa, and I encourage all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

**IN WITNESS WHEREOF,** I have hereunto affixed my signature and the seal of my office on this 23 day of February, in the year of our Lord two thousand twenty-four.

**TALAUEGA E. V. ALE**  
Acting Governor



**OFFICE OF THE GOVERNOR  
AMERICAN SAMOA GOVERNMENT**

**POLOAIGA FA'ALAU'AITELE**

**“FAATAUA OLE TAUMAFI TATAU MO LE SOIFUA MALOLOINA LELEI  
MATI 2024”**

- TALUAI,** o meataumafa o maataua ia latou te fa'aauauina le ola; ma
- TALUAI,** o ituaiga meaai, o lona lelei atoatoa, ma le aofai, e taua tele i le soifua maloloina ma le malosi tutu'a o le tino; ma
- TALUAI,** o meataumafa e i ai lona fesootaiga i ma'i le pipisi poo ma'i e mafua mai ona o amioga ma ituaiga meatausami e faaoga, e faatupula'ia ai toatuga i le tino; ma
- TALUAI,** ona o le faigofie ona maua o nei ituaiga meaai faatupuma'i i totonu o le atunuu, e faigofie foi ona faatau e tagata lautele, aemaise lava tamaiti, i ni tau taugofie, faatasi ai ma le tele o pisinisi latou te faatauina atu nei ituaiga meaai i totonu o le atunu; ma
- TALUAI,** ona ua avea nei Amerika Samoa o se atunuu ua matua maua i to'atuga o ma'i le pipisi e pei o le Tino Puta, Ma'i Suka, Mai o le Fatu, ma le Kanesa e mafua mai ona o le le lelei o le tausiga o le soifua maloloina e ala i meaai tatau ma le faamalosi tino; ma
- TALUAI,** ona e le o lava ni tulafono, polokalama, ma le lava tagata e i ai le tomai faapitoa latou te taitaiina, fautuaina, ma tali atu i manaoga o le atunuu i mataupu tau meaai; ma
- TALUAI,** e manaomia tele ona fai ni aoaoga i meaai ma amata ni polokalama e faalautele ai le tomai o tagata i meaai tatau ma meaai paleni aua le faatupula'ia o le soifua maloloina lelei ma le soifua tulu'i; ma

**ONA O LEA, O A'U, TALAUEGA E. V. ALE,** Kovana Tofia o le Teritori o Amerika Samoa, e tusa ai ma le malosi'aga ua tuuina mai ia te a'u e le tulafono ma tagata o Amerika Samoa, ua ou poloa'iina le avea le Masina o Mati 2024 e “FAATAUA AI LE TAUMAFI TATAU MO LE SOIFUA MALOLOINA LELEI” i le Teritori o Amerika Samoa. Ou te fautuaina foi le atunuu ma ona tagatanuu uma, ina ia tatou u'ulima faatasi ma faatauina lenei manulauti, ia tatou faatau le taumafa tatau mo i tatou faapea isi o tatou uso a tagata, ma le naunauta'iga ina ia tatou taufai maua uma le soifua maloloina lelei mo le aso nei ma a taeao.

**ILONA MOLIMAUINA**, ua ou tuuina ai la'u saina ma le faailoga o lo'u tofiga i le aso leni 23  
o Fepurari, i le tausaga o lo tatou Alii e lua afe ma le lua-sefulu ma le fa.



**TALAUEGA E. V. ALE**  
Kovana Tofia